

# THE SEA DIVERS

MARCH 1990						
SUN	MON	TUE	WED	THU	FRI	SAT
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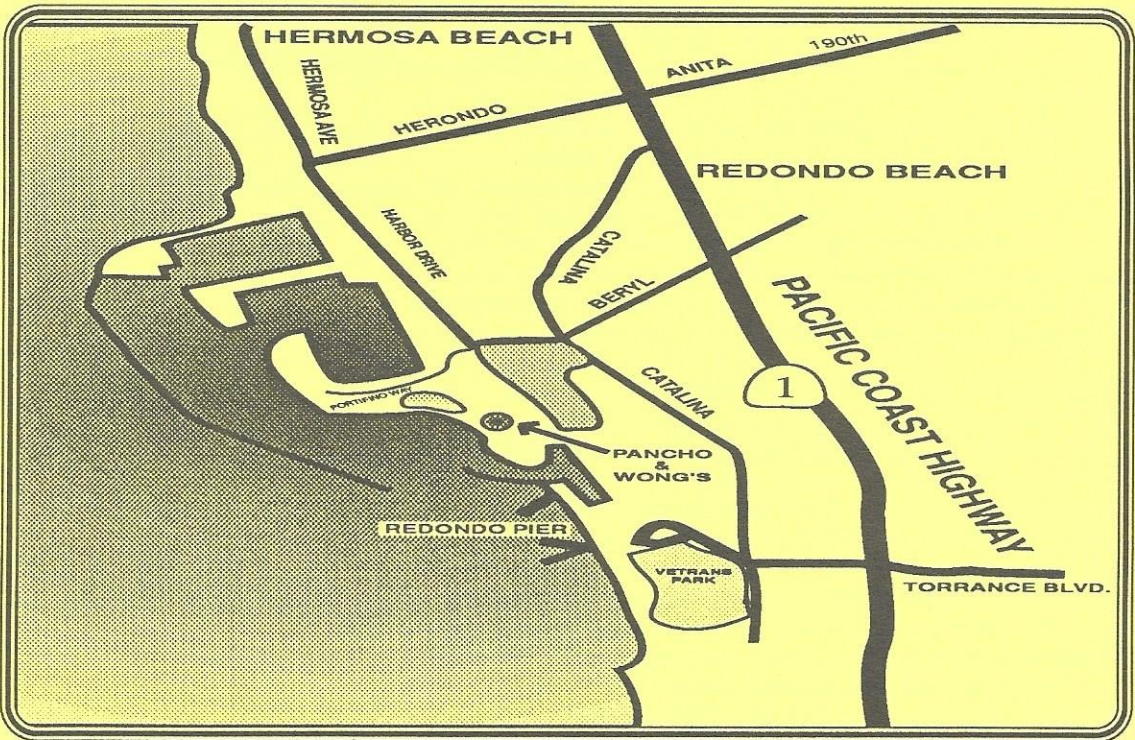
- MARCH 1990**
- MARCH 6      \*\*\* GENERAL MEETING PANCHO & WONGS 7 PM  
MARCH 11      \*\*\*\* BOAT DIVE, SAN NICOLAS  
MARCH 15      \*\*\*\*\* EXECUTIVE MEETING BAXTER'S 7 PM  
MARCH 24 & 25      \*\*\*\*\* BEACH DIVE, LA JOLLA, CAMPOUT, DEEP DIVE

- APRIL 1990**
- APRIL 3      \*\*\* GENERAL MEETING PANCHO & WONGS 7 PM  
APRIL 12      \*\*\*\* EXECUTIVE MEETING BAXTER'S 7 PM  
APRIL 14      \*\*\*\*\* BOAT DIVE, "OLYMPIC" AND "AVALON WRECKS/  
PALOS VERDES

APRIL 1990						
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- MAY 1990**
- APRIL 1      \*\*\* GENERAL MEETING PANCHO & WONGS 7 PM  
APRIL 6      \*\*\*\* BEACH DIVE, VETRANS PARK, BOUILLABAISSE  
APRIL 10      \*\*\*\*\* EXECUTIVE MEETING BAXTER'S 7 PM  
MAY 18-19      \*\*\*\*\* BOAT DIVE, SAN MIGUEL/SANTA ROSA

MAY 1990						
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# DIVERS DIRECTORY



POSITION	NAME	DAY PHONE	EVE PHONE
PRESIDENT/BOAT DIVE CHRMN.	ALLEN PARKER	813-5383	370-1657
TREAS./MEMBERSHIP CHRMN.	KATHI McNALLY	812-1137	370-1657
SECRETARY/BEACH DIVE CHRMN.	CATHY GALE	(818)368-1165	305-8625
DIVING OFFICER	KEN SIZEMORE	410-3932	371-2636
BOAT DIVE RESERVATIONIST	MICHAEL BORDEN	813-4967	372-7764
PROGRAM CHAIRMAN	DICIE SIZEMORE	932-2473	371-2636
NEWSLETTER EDITOR	PATRICK MINOR	813-4468	376-8540
HOSPITALITY CHAIRMAN	ROBIN GRANT	823-2552	823-2552
LONG RANGE PLANNING	LINDA MONOSMITH	376-8956	376-9226
GLACD REPERSENATIVE	TIM WAAG	813-2147	643-5344

## WRITING FOR THE SEA DIVERS NEWSLETTER

If you would like to write an article for the newsletter or you have an idea to improve it please write to Editor Pat Minor, P.O. Box 2415, Redondo Beach, CA. 90278 or call me at the above numbers. I am always in need of Lessons Learned articles and new graphics or cartoons. Inputs should be typed, but can be handwritten (not responsible for errors caused by illegible handwriting). I will also greatly accept computer files that are in a Macintosh standard format.

## REPRODUCTION

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## GENERAL MEETING

GENERAL MEETINGS are held at 7PM the first Tuesday of every month. A no host social happy hour, with free hors d'oeuvres precedes the meeting from 6 PM to 7 PM and a feature presentation follows the business meeting. The meeting is held at Pancho & Wong's at King Harbor.

EXECUTIVE MEETINGS are held at 7PM the Thursday the week following the General Meeting, at Baxter's in the Manhattan Beach Mall.

## MARCH PROGRAM

### We'll try for Whales (Again)

In February we were able to watch only one of the videos I planned to show. We had some technical difficulties (between Pancho & Wongs and the Lakers).

The "Shark" 20/20 show tape was extremely well received. Anyone that missed it — really missed it. But "The Friendly Gray Whales" is also a very good tape. So . . . . We will be viewing it in March. (If Pancho, Wong & the Lakers all cooperate).

See you March 6th at P&W!

Dicie Sizemore  
Program Chairman

## QUOTES OF THE MONTH (PART I)

"A BEER AND A HALF ON TOP OF TWELVE HOUR SHIFTS AND HE'S GONE"  
"SHE PUT HER SHIRT ON DAMMIT"

"HE SLEPT THROUGH EVERYTHING"

"ART, ART, ART, ART . . . . . ART, ART, ART!"

"THIS LOOKS LIKE A SLAVE SHIP, THERE'S BODIES EVERYWHERE"

"YOU NEED A COUPLE OF DIVERS LIKE THAT, SO THE DIVEMASTERS DON'T GET BORED"







## FROM THE EXECUTIVE OFFICE

As we begin our third month as THE SEA DIVERS, we can look back on an extremely busy and eventful two or three months.

We incorporated as a private, non-profit organization — successfully; we introduced two new charter boats to “our fleet” and had two boat trips — both full; we participated in the Avalon Harbor Clean-up as our first multi-day beach dive this year; we held a well attended divemaster meeting; held two well attended General Meetings; held two Executive Meetings with most of the Executive Committee present; developed a mutually beneficial arrangement between Sea d’Sea dive shop and the club; introduced paid, limited advertising in the newsletter, and SOMEHOW SURVIVED IT ALL!!! The only negative right now is that DUES ARE AWFULLY SLOW COMING IN, as usual. Please help us by completing the enclosed dues form and mailing your dues in to us — please disregard if you have already paid!

Ballots for the election of 1990 officials will be mailed out separately to all members whose dues are current during the month of March. Nominations have already begun and will be accepted up to and including the General Meeting on March 6. There will be four elected officials: President, Vice President, Treasurer, and Secretary. Other executives and/or committee members are voluntary positions which are appointed by the Executive Committee. Results of the balloting will be published in the April newsletter, and announced at the April General Meeting. This years officials will serve until 31 December 1990.

In addition to current diving activities planned for 1990, we will be adding two more. The first will be a small boat dive off Palos Verdes sometime during the summer months which Don Mueller is heading up. The second is a club-organized trip to Cabo San Lucas 19–22 October 1990 which is being planned by Linda Monosmith.

We — the Executive Committee — are working very hard to keep THE SEA DIVERS one of the best clubs around . . . we hope you will continue to support our program . . . suggestions are always welcome.

AP

### WAS IT CHARISMATIC...?

The early January weather was just fantastic - warm, not much wind, flat ocean - great for diving upcoming on the 13th on the “Charisma” to Santa Barbara. Thursday the 11th the weather turned, with rain, some wind and a lousy forecast for the weekend with a second more serious storm due sometime on the 13th - terrific!!!

Never-the-less a just about full boat departed from 22nd Street at about 2:00 AM arriving at anchor off Webster Point around 6:45 AM after a somewhat bumpy but not uncomfortable ride. Due to the swells we were only able to dive the East (the reverse is usually the case) and South regions of the island, but we did succeed in accomplishing four dives - three to 50-60 feet and one shallow in 10-30 feet - in excellent visibility of up to 40' and surprisingly warm water at 56 - 58° F. (If you remember our January dive last year was in 49 - 51° F. water! Game amounts taken were relatively low with a few lobster and abalone - some divers limiting out on pinks and greens - and a smattering of various species of fish. The three deep dives were quite spectacular, with each area having its own unique topography typical of Santa Barbara Island. I should note we also took off on a short whale watch of three greys, which apparently are migrating much further from shore this year.

We left the island around 1:30 PM and arrived back at 22nd Street just before 6:00 PM, after a very pleasant and relaxing trip. Other items of note - John Hess and his crew of five did a super job, being very helpfull and pleasant. The boat is just great, with superior amenities, and lots and lots of space. This was the “Charisma’s” first attempt at an all-inclusive single day and Roger Hess and yours truly will discuss the pros and cons before our next dive with “Charisma” in April - but we do anticipate continuing as all-inclusive with a couple of improvements

We brought a couple of prizes along just in case, but did not award them as there were no real hero’s or dummies - Chandra T. got real close, scattering the pieces of the “Charisma’s” Backgammon game all over the galley late Friday evening —! It was another charismatic fun group... if you haven’t been with us lately you ought to give it a try, especially on the big boats!!!

### NORTHWEST HARBOUR AT SAN NICOLAS BANKS

We arrived at 22nd Street to board the infamous “Wild Wave” Friday evening on the 2nd February bound for Cortes Banks. The place was deserted - presumably the high winds; forecasted 8-12 foot seas; the cold night (and day) temperatures; the closing of abalone season; the Laker game; need for a shower; etc; etc; had something to do with the lack of bodies. Nevertheless we boarded only to find that four intrepid divers were already on board, and gone!

Several hours later the boat was full, with many of our usual cast of characters and general misfits discussing the chances of making Cortes. Mickey P. was optimistic - but he wasn’t going! Joe I. shrugged his shoulders and mumbled we’ll see - while skipper for the trip John P. was not optimistic at all.

We left a little after midnight, with many of us still up and about, waiting for the bashing to begin at the breakwater. Joe I. had even lashed tanks and gear bags down - tough group this!! But wait - under a beautiful clear starry sky - there are only long duration large swells, not uncomfortable at all, so off we go to Cortes or at least to San Clemente.

Yours truly awoke at about 5:20 AM as the V-12’s wound down. Up on deck in pitch dark a look around showed there were a few navigation lights and an island. A quick bleary eyed discussion placed us in obviously calm sheltered water probably at Northwest Harbour, San Clemente - well short of our intended and apparently very rough destination at Cortes. We didn’t anchor surprise - and we cruised around the point to begin a run parallel to the shore. Nothing was right - the time was off; the lights of L.A. were behind us but on the wrong side; the wrong side of the island was calm; the island was lower than I remembered San Clemente and the faint beginnings of sunrise were all screwed up!....no shit Shirley it’s San Nicolas Island!?!?! Either this was the ultimate in mis-navigation or the skipper thought it a better shot than Cortes... guess that was it.

Anyhow and whatever the day and diving began. We, that is some of us, made four dives. Our first attempt was on the North side about one third of the way up the island, but the water was

see San Nicolas page 4



## San Nicolas

dirty and obviously had poor visibility, so we headed towards the West end. Approaching the Boilers area we suddenly saw a gigantic swell with others behind, which began to break over the reefs dead ahead - not the place for divers or even the "Wild Wave". Joe I. swung the "Wild Wave" around brought the V-12's up to full, and I mean full sung and high tailed it out of there. We cruised back around the Eastern end and onto the backside in the Dutch Harbour area where we spent the rest of the day. The first dive yielded 10-15 feet visibility in calm 56/57° F. water in depths to 70 feet - lots of red abalone, wouldn't you know it - but only one lobster. We moved a hundred yards or so for our second dive, which had similar topography but with more small reefs and more kelp. Depths varied from 50-60 feet. One or two bugs were grabbed at this spot, along with a few nice size fish and more abalone!! The third dive back further West again in 50-60 feet was the most spectacular - no it wasn't bug rape and pillage time - but we were constantly surrounded by dozens of very friendly sea lions both underwater and on the surface. The photophiles went bonkers and ran off rolls of film like it was going off the market. A memorable and very enjoyable encounter. We made one more move almost to the East Point in shallower water. "Bugs were deep" - so Pete K. and I swam "deep" watching our trusty computers for no decompression problems - fourth dive and relatively deep! All we got was a work out for both of us and both of our computers. But what the heck, it had been a great day of diving and the sun was out and we had the long leisurely trip home Sea Divers style with the usual steak lunch and all the good things, great company and more stories to tell our grandchildren - well some of the stories anyway.

The run back gave us another whale watching opportunity anywhere from five to seven greys including a couple of flukes, again to the delight of the camera buffs. John P. followed them for about 20 minutes. We had prizes on-board but again no dummies or hero's - we'll get somebody yet!! In summation a

great day out in good weather (wasn't supposed to be), to San Nicolas (wasn't supposed to be), to fantastic abalone spots (wasn't to be) with a great group (usually is). Nobody complained - see you in March - Cortes perhaps in October!!

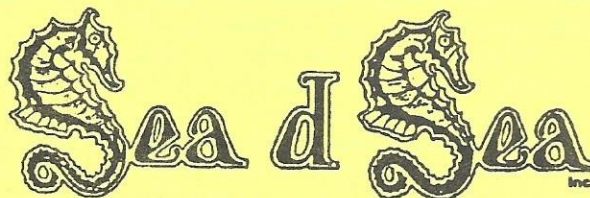
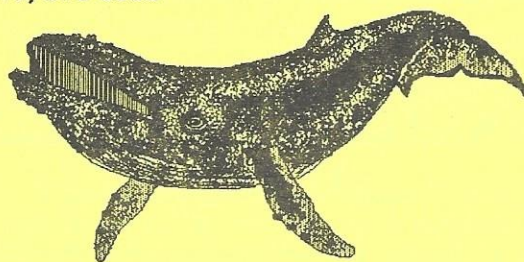
## CABO SAN LUCAS

WATCH THIS SPACE FOR MORE INFORMATION

The club is organizing a trip to Cabo Oct 19-21, two sun/fun filled days of great diving. Approximate price is \$500.00 + days can be added on an individual basis.

\$50.00 deposit will hold your spot.

Contact Linda Monosmith at eves. (213) 376-9226 or days (213) 376-8956



1911 SOUTH CATALINA AVE.  
REDONDO BEACH, CA. 90277  
PHONE (213) 373-6355

## THE SEA DIVERS SHOP

- Show your Sea Divers membership card for special discounts.
- More details in the next Newsletter.
- Bob Bocker from Sea d Sea will be at the March General Meeting — Be There!



### PERSONAL INJURY & DEATH CLAIMS LITIGATION SPECIALIST

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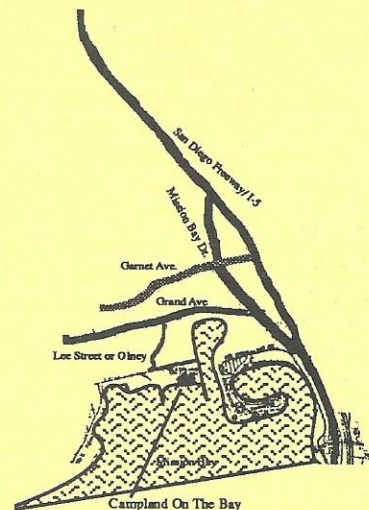
# MARCH BEACH DIVE/CAMPOUT LA JOLLA

**WHEN:** MARCH 23RD AND 24TH, (SAT. & SUN.)  
**TIME:** SOME WILL ARRIVE EARLY BUT THE DIVES WILL START AT 10:00 AM ON SATURDAY.  
**PLACE:** CAMPLAND ON THE BAY.

**INFO:** We have 4 campsites reserved at present and will add or delete the number of campsites based on the sign-ups. Each campsite costs \$24.50 per night based on no more than four people and no pets. Each additional person and vehicle will cost an additional \$3.00 and there is a reservation fee for each campsite of \$2.50. We will try and have an organized pot luck dinner on a Saturday evening.

**FACILITIES AT CAMPLAND:** All the amenities, store, pool, jacuzzi, sauna, nice beach, boat dock and ramp, power and water at the campsites plus a lot more. Also many things of interest in the area for all including the non-divers and kiddies.

**HOW TO GET THERE:** Take the San Diego Freeway south to the Mission Bay Dr. off-ramp in Pacific Beach, continue on Mission Bay Drive a few blocks to Grand Ave., turn right and go to Olney St. (I have a map that shows this to be Lee Street, but the Campland brochure calls it Olney and I believe that is the right one to look for.) turn left, go a short distance to Foutz Ave. and turn left, follow the signs to the entrance of Campland On The Bay, Check in and ask for The Sea Divers campsites.



**FOR MORE DETAILS:** Contact Cathy Gale, day (818)368-1165 or evenings (213) 305-8625 or at the camp site on Saturday

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## Cold and Allergy Products

by Karen E. Vick M. S., R.Ph

A survey conducted by Divers Alert Network in June 1988 indicated that 38 percent of divers were using medications.

Self-medication of colds and allergy remedies, were used to help the diver equalize, and to relieve symptoms of nasal stuffiness, sneezing, and coughing.

Selection of these products was often based on the product's claim to control and relieve cold symptoms. However, there are no curative remedies. Over-the-counter drugs bring only temporary relief, while the body defends itself against infection.

Note: The usefulness of these medications are limited by their frequency of administration and side-effects. They are relatively safe on land, but their usefulness is limited in diving.

### **Antihistamines**

Antihistamines may provide temporary relief from sneezing and nasal stuffiness associated with allergic-type symptoms.

These agents act by inhibiting histamine action, the substance that causes allergy symptoms. This decreases the secretions produced in the eyes, nose, and bronchial tree associated with the allergic response.

Central nervous system (CNS) depression is the most commonly reported side-effect and occurs most frequently with ethanolamine derivatives. These include drowsiness, dizziness, fatigue, disturbed coordination, and muscular weakness.

Newer prescription agents such as terfenadine and astemizole have reported decreased side-effects, however, experience with these medications in the diving environment is limited and they still poses risk for the diver

### **Nasal Decongestants**

Nasal Decongestants act directly on the nasal mucosa to reduce nasal congestion quickly.

These agents reduce blood flow to the engorged, swollen area, thus reducing nasal stuffiness.

Prolonged use of nasal sprays or drops can produce a rebound

phenomenon. Nasal mucosal membranes become more congested and swollen as the drug's vasoconstrictive effect subsides with chronic administration. Nasal decongestants should only be used for three to four days at a time.

Systemic side-effects of these agents are virtually nonexistent, because of the minimal systemic effects.

The occasional use of these products may provide a relatively safe treatment alternative for the diver requiring decongestant treatment for minor difficulties in clearing middle ears and sinuses.

### **Oral Decongestants**

Oral decongestants reduce congestion.

These agents have a longer duration of action than nasal sprays or drops. However, they also have less local vasoconstriction as well. Due to the systemic nature of these agents, they also affect other vascular beds. Individuals predisposed to high blood pressure may experience changes in blood pressure.

Recommendations from the manufacturers indicate that these products should be used with caution in patients suffering from diabetes, hyperthyroidism, high blood pressure, coronary artery disease or ischemic heart disease. Some individuals report sleepiness after taking these medications.

Oral decongestants may be dangerous in the under water environment because of the potential development of cardiovascular compromise and CNS excitability. They should be used by the diver only under medical supervision.

### **Antitussives**

Cough suppressants (antitussives) are used to reduce coughing.

These agents are CNS depressants and act directly on the cough center of the brain, to suppress nerve receptors within the respiratory tract.

Antitussives produce some degree of respiratory and CNS

see Drugs page 6



14 APRIL 90

**"OLYMPIC" AND "AVALON" WRECKS  
AND PALOS VERDES  
(INCLUDES FOOD AND AIR)**

CHARISMA

MEMBERS \$55

NON-MEMBERS \$62

This charter is one of our once a year opportunities to sample and/or experience something different. On our second trip in 1990 with the mighty CHARISMA out of 22nd Street. We will be diving on the fascinating wrecks of the "OLYMPIC" and "AVALON" followed by two or three shallower dives on some of the excellent reefs around the PALOS VERDES PENINSULA. In addition, for those divers not used to deep diving, there will be a mini-seminar on board on wreck and deep diving, plus the grouping of less experienced divers with advanced divers, dive masters or instructors. As part of the day's activities, each diver will be provided with an eight to ten page handout describing in detail the history, sinking, present condition (with sketches) and general diving tips on both wrecks and a summary of diving around the PALOS VERDES coastline. We will also have a couple of prizes on board for the "hero" and "boobie" of the day!

We will leave the dock at 7:00 AM sharp and head on out to the "OLYMPIC" some 8-1/2 miles out from L.A. Harbor. The "OLYMPIC" was built in Belfast, Ireland, and launched in 1877 as the STAR OF FRANCE. She was an iron hulled, square-rigged bark of 1,644 tons, 258 feet long and 38 feet wide. Some 63 years later she was rammed amid ships by the "SAKITO MARU" about 7:00AM on 4 September 1940, and sank within minutes with 17 of 24 on board surviving. The "OLYMPIC" lies essentially on the, starboard side in about 100 feet of water. The highest part of the bow is about 70 feet below the surface with the bowsprit extending out over the sandy bottom. The midship section is approximately parallel to the sand and is in relatively poor shape, however, mast stubs are visible, as is the deck pump and its large spoked wheels. Also, if you spend a little time on the port side, you can still see the remains of the huge V, cut by the "SAKITO MARU". The top of the stern is about 80 feet below the surface and this section is between 40 and 50 feet long. The whole wreck is covered with strawberry anemones. It is a fascinating dive.

We will then head off towards PALOS VERDES POINT and the wreck of the "AVALON" some 15 miles from the "OLYMPIC". The "AVALON" was built in Cleveland, Ohio, and launched in 1891 as the "S.S. VIRGINIA." She was a steel hulled, triple deck, twin screw passenger steam ship of 1,985 tons, 265 feet long, and 38 feet wide. Some 69 years later, while being used in salvage attempts of the "S.S. DOMINATOR", she sank during the night of 18 July 1960, after breaking away from her moorings in a violent storm. There was no loss of life. The "AVALON" rests in about 70 feet of water, between and parallel to the rocky ridges, with the major wreck sections partially on their port side. The relatively intact bow section is some 90 feet from the rest of the wreck, which begins with a debris field that includes steel deck plates and hull ribs. The debris field slowly rises and is connected to the very recognizable stern section. There is a small cabin and the deck crane (complete with tracks) and its separated derrick off the port side of the stern section. Some sections of the wreck are covered with a variety of sea life.

Wreck diving over, we will begin to work our way around the PALOS VERDES PENINSULA towards San Pedro, picking two or three of the best reefs for some relatively shallow diving. Surprisingly to some, marine life flourishes in the area with excellent prospects for spearing several popular and good size varieties of FISH, including calico bass, VIDEO and PHOTO enthusiasts will not be at all disappointed with the underwater opportunities in the coves, on the reefs and in the kelp forests. We anticipate a very interesting day out with an unusual selection of dives, that should provide for more than the average charter. Call Michael (Borden) at (213) 372-7764 for sign up or Allen (Parker) at (213) 813-2955 for more details. Typically our April dives fill early—first dive after winter or something!!!

## Drugs

related depression, and are not recommended for sport divers. Diving with a "cough" or "cold" is not recommended.

### Expectorants

Expectorants produce relief by increasing respiratory secretions which aid in removing sputum and phlegm.

The only reported side-effect is stomach distress associated with the development of nausea and vomiting. However, expectorants are contraindicated for diving, because of the increased risk of air gas embolism associated with the problem they are designed to treat: Lower respiratory infection.

### Summary

The diver should become familiar with over-the-counter remedies and potential contraindications for safe use in the underwater environment, as many self-prescribed medications have adverse effects for sport divers. Divers should not dive when they have a respiratory infection, or "allergy symptoms."

For more information about medications and diving, contact DAN, 9 am to 5 pm EST, Monday through Friday, at (919) 684-2948, or consult with a physician or pharmacist.

Editor's Note: Karen Vick is director of Drug Information Services, Department of Pharmacy, Duke University Medical Center.

Reprinted from Alert Diver Volume 5 Number 4.

## Pharmacologic Classes

Antihistamines - Relieve sneezing, watery eyes, and nasal

stuffiness.

- Ethanolamines
- Ethylenediamines
- Alkylamines

Generally not recommended for diving.

Topical Decongestants - Relieve nasal stuffiness.

- Ephedrine
- Naphazoline
- Oxymetazoline
- Phenylephrine
- Xylometazoline

Approved for diving.

Oral Decongestants - Relieve nasal stuffiness.

- Phenylephrine
- Phenylpropanolamine
- Pseudoephedrine

Generally not recommended for diving.

Antitussives - Reduce frequency of non-productive cough.

- Codeine
- Dextromethophan
- Diphenhydramine
- Noscapine

Not recommended for diving.

Expectorant - Enhances ability to expectorate and clear airway.

- Guaifenesin

Not recommended for diving.



## PEACE IS UPON US

18/19 MAY 1990

SAN MIGUEL/SANTA ROSA

PEACE

(INCLUDES FOOD, AIR AND PARTY!)

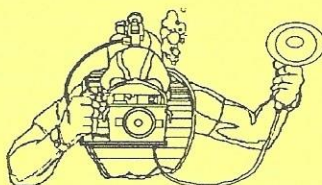
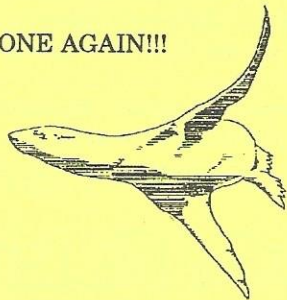
MEMBERS \$159

NON-MEMBERS \$174

If you want to be on this dive, now is the time to sign-up. It is already over half full as of writing in early February. We are diving SANTA ROSA and SAN MIGUEL and obviously if we're in the MIGUEL area and the weather cooperates we'll make a run at WILSON or RICHARDSON'S ROCK.

Call Michael (Borden) at (213) 372-7764, for sign-up. Full details in next month's Newsletter and at the General Meetings.

DON'T MISS THIS ONE AGAIN!!!



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### JUST FIVE YEARS AGO.....

The General Meetings were held at Beach Bum Berts. John Mowrey was President, Robin Grant Vice-President, Mary Bryan Treasurer and Kathy Adams (now Kalohi) our Secretary. The March beach dive was the La Jolla Campout run by Carl Bartosch at \$14 per person, \$21 per family. Our March boat dive was on the "Westerly" to San Clemente (no price listed!), and our 1985 Divemaster Training Program under Bill Rowan was about to start at a cost of \$145 + 5 boat dives. Dues were \$14 for TRW employees and \$17 for others. This proclamation was on the front cover of the Newsletter.....

ANNUAL MEMBERSHIP DUES ARE PAYABLE NOW!!! Keep the great TRW SEA DIVERS ALIVE AND WELL - send the membership form on the back page in with your dues. Don't miss an issue of the best Diver's newsletter!!!

..... Some things never change!!!

### 1990 BEACH DIVES

<u>DAY</u>	<u>DATE</u>	<u>WHERE</u>	<u>FEATURE</u>	<u>KEY CONTACT**</u>
FRI-MON	23-26 FEB	AVALON HARBOR	CLEAN-UP, PARTY, ETC.	KATHI McNALLY
SAT/SUN	24 & 25 MAR	LA JOLLA	DEEP DIVE, CAMPOUT	CATHY GALE
SUN	6 MAY	VETERANS PARK	REFRESHER, BOUILLABAISSE	BILL GARRETT
SAT-WEDS	30 JUN/4 JUL	JADE COVE	JADE, CAMPOUT, ETC.	PATRICK MINOR
FRI-SUN	24-26 AUG	LA BUFADORA, MEXICO	POTLUCK, CAMPOUT	MICHAEL BORDEN
SAT	13 OCT	WHITE POINT	PUMPKIN CARVING CONTEST	KATHLEEN BENNET /KATHY BACKUS
FRI/SAT	2-3 NOV	CATALINA	BOAT, CAMPOUT	BILL GARRETT/ ALLEN PARKER

On the first Sunday of each month Ken Sizemore will be diving White point in support of the Paul Meister OOPS (Ocean Observations Project Survey) program. The Sea Divers are encouraged to be an integral part of this program.

\*\* Cathy Gale is the Beach Dive Chairman and will be the overall coordinator for our program; key contacts are for specific dives only.



# THE LAST LOBSTER DIVE

11 MARCH 1990

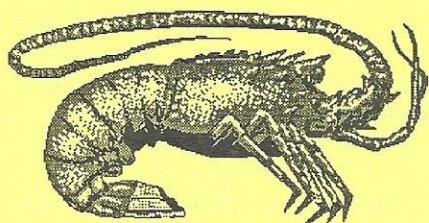
SAN NICOLAS

WILD WAVE

MEMBERS \$68

(INCLUDES FOOD AND AIR)

NON-MEMBERS \$75



*Panulirus inflatus* (Bouvier)  
"Spiny Lobster"

This is your last chance in the 1989-1990 LOBSTER season to bag one or more of those beauties. We are going to make another run at SAN NICOLAS and see if we can get in and amongst the big 10-12 pounders that are still out there somewhere. As is now typical of the WILD WAVE we will arrive early enough to exercise our night diving skills to again prove or disprove the old nocturnal theory. Chem-lights will be required along with at least one dive light! We will make at least four dives throughout the day and will set our gate and return to boat times accordingly.

Diving around SAN NICOLAS is usually suitable for all skill levels, however, relative beginners should check with the divemaster before each planned dive to ascertain ocean conditions. Inexperienced divers may not be allowed to dive if conditions — especially current, are unacceptable.

As expected this dive is almost full as of writing (Early-Feb.) but there are always late cancellations so for sign-up, call Michael (Borden) at (213) 372-7764 or Allen (Parker) at (213) 813-2955 for additional information. Boarding will begin at 9:00 PM on the 10th for a midnight departure. Come ride the SAN NICOLAS EXPRESS . . . . and get some real BUGS . . . .

## ADVERTISING RATES

SPACE	PER ISSUE	PER YEAR
1/10 PAGE (Business card size - 10 max)	\$10	\$100
1/4	\$25	\$250
1/3	\$30	\$300
1/2	\$45	\$450
ONE PAGE	\$75	\$750



## QUOTES OF THE MONTH (PART II)

"IF I COULD FIND A RECIPE FOR ANTENNAS, I'D NEVER GO HUNGRY"

"THERE'S ENOUGH STRANGE GUYS HERE ALREADY"

"I HATE BEING RESPONSIBLE"

"YOU FIND THE LOBSTERS WHERE THEY'RE AT!"

"WHAT A DIET, SCOTCH, RADISHES, AND GUMMY BEARS"

"COME ON FLUKE US"

WHEN IT COMES UP AGAIN, SHOOT IF RIGHT AWAY"

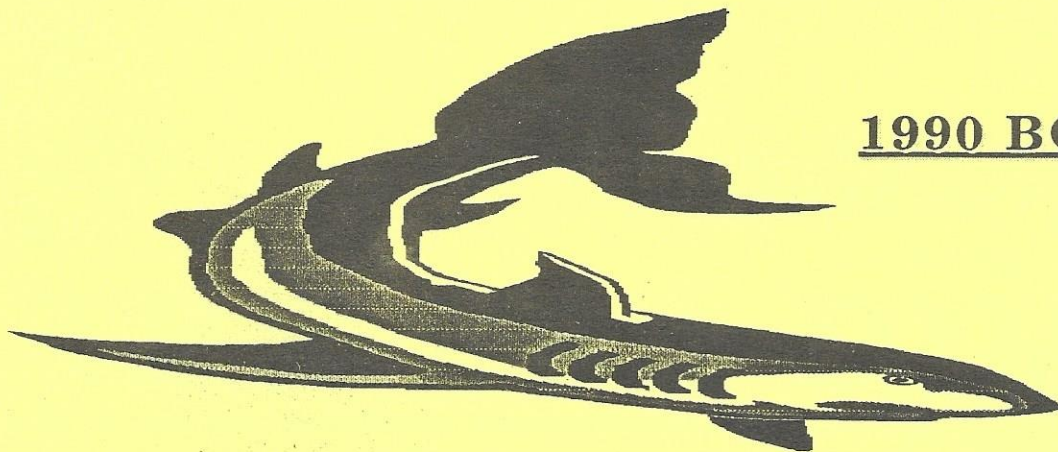
AFTER THREE DAYS ON A DIVE BOAT, BELIEVE ME I'M GOING TO LOOK REAL GOOD"

"HE JUST WENT DOWN . . . . ."

## DIVE BOAT POLICY

- 1) A club member may, but is not required to, have a boat deposit on file with the club.
- 2) A club member will have a confirmed reservation on an upcoming dive only if:
  - a) A check in the full amount for the dive has been received by the dive boat reservationist, or
  - b) The club member has a deposit on file with the club and makes a telephone request for a reservation with the dive boat reservationist.
  - c) For TWO DAY DIVES, a minimum of one half of the price of the dive must be received by the dive boat reservationist. Dive Boat deposits may be used as a part of the one half requirement.
- 3) Any reservation may be cancelled two weeks prior to a dive with a full refund. Cancellations will not be accepted within two weeks prior to the dive unless a diver holding a reservation can sell or transfer their reservation to another qualified diver. The dive reservationist will assist in this process, but is not responsible to provide paying alternates. When confirmation is received by the dive boat reservationist that a cancelling diver is being replaced by another qualified diver, the replacement diver is then fully responsible for the cost of the dive.
- 4) If a diver has a deposit on file with the club and uses that deposit to secure a reservation on a boat dive, he may not use that deposit to secure any additional dives until he has paid the club for the first dive. Two years after a diver has ceased to be a member of the club, his unclaimed dive boat deposit will be forfeited to the club.
- 5) Only TRW club members and members of other selected clubs may make boat dive reservations prior to one month before a scheduled boat dive.
- 6) Partial refunds from boats which do not make the advertised dive location will be passed on to members who request them within two weeks of the dive.





## 1990 BOAT DIVES

90-3	SUN	11 MAR	SAN NICOLAS	WILD WAVE	22ND STREET
90-4	SAT	14 APR	"OLYMPIC" & "AVALON" WRECKS/ PALOS VERDES	CHARISMA	22ND STREET
90-5	FRI/SAT	18/19 MAY	SAN MIGUEL/ SANTA ROSA	PEACE	VENTURA
90-6	SAT	02 JUN	FARNSWORTH BANKS/CATALINA	ENCORE	22ND STREET
90-7	FRI/SAT	27/28 JUL	BEGG ROCK/SAN NICOLAS SANTA BARBARA	CHARISMA	22ND STREET
90-8	SAT	04 AUG	WILSON ROCK/TALCOTT SHOALS	WILD WAVE	VENTURA
90-9	FRI/SAT	14/15 SEP	SAN MIGUEL PASSAGE	PEACE	VENTURA
90-10	FRI	05 OCT	SAN NICOLAS	WILD WAVE	22ND STREET
90-C*	FRI/SAT	02/03 NOV	CATALINA	WILD WAVE	22ND STREET
90-11	SAT	01 DEC	SANTA BARBARA	WILD WAVE	22ND STREET
90-12	SUN	16 DEC	SANTA CRUZ CHANNEL/ANACAPA	PEACE	VENTURA

\*COMBINED BOAT/CATALINA CAMPOUT AT EMERALD COVE.

**Wild Wave/Charisma/Encore - 22ND Street Landing:**

South on Harbor freeway, left on Gaffey, left on 22nd street, down the hill and park in designated areas.

**Peace - Ventura Marina:**

North on Ventura freeway to Victoria Ave. in Ventura. Turn left onto Victoria and continue to Olivas Park Drive. Turn right and continue all the way down toward the beach and across Harbor Drive, go to the left on to Spinnaker Drive. Look for Milano's Italian Restaurant or if you get to the end of Spinnaker turn around and take the second left. Park adjacent to the berth which is by HornBlowers Restaurant at Slip #20

### BOAT DIVE RESERVATION FORM

DIVE DATE: \_\_\_\_\_ DESTINATION: \_\_\_\_\_

NAME OF DIVER(S): \_\_\_\_\_

PHONE (DAY): \_\_\_\_\_ (EVE): \_\_\_\_\_ COST OF DIVE: \$ \_\_\_\_\_

MEMBER: YES ☐ NO ☐ \*DATE OF LAST DIVE \_\_\_\_\_

Please make checks payable to **THE SEA DIVERS** and mail to:

**THE SEA DIVERS**  
P. O. Box 2415  
Redondo Beach, CA. 90278  
(213) 372-7764

\*Please include date of last dive for each diver.

Checks must be recieved at least two weeks prior to the dive date in order to guarantee your spot.



THE SEA DIVERS  
P. O. BOX 2415  
Redondo Beach, California 90278

# FIRST CLASS MAIL

ADDRESS CORRECTION REQUESTED



NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ ZIP CODE \_\_\_\_\_  
HOME PHONE ( ) \_\_\_\_\_ WORK PHONE ( ) \_\_\_\_\_  
ADDITIONAL NAME: (FAMILY MEMBERSHIP) \_\_\_\_\_  
EMERGENCY CONTACT \_\_\_\_\_ PHONE ( ) \_\_\_\_\_  
EMPLOYER \_\_\_\_\_  
CERT. NUMBER \_\_\_\_\_ TYPE (NAUI, PADI, ETC.) \_\_\_\_\_  
CERT. DATE \_\_\_\_\_ LACC ADP (or equivalent) \_\_\_\_\_ DATE \_\_\_\_\_  
NUMBER OF DIVES LOGGED \_\_\_\_\_ DATE OF LAST DIVE \_\_\_\_\_  
Do You want your name on a dive buddy list? Yes ☐ No ☐

Type of diving preferred: beach/boat/skin \_\_\_\_\_

1990/Dues: SINGLE MEMBERSHIP \$20.00 ☐

FAMILY MEMBERSHIP \$30.00 ☐

\_\_\_\_\_  
SIGNATURE

Please make checks payable to THE SEA DIVERS and mail to :

THE SEA DIVERS  
P. O. BOX 2415  
Redondo Beach, CA. 90278

Please fill in completely; incomplete forms may not be accepted.